

Seattle Counseling Fees

Counseling Fees

My counseling work includes individual, couples, family and group therapy.

Sessions are one hour long. A telephone session is fifty minutes. No fee is charged for short telephone consults and questions. For sessions held at my office, I offer a one-time free, one-hour initial consultation.

I realize that affording counseling can be difficult for some people, particularly during a time when one may most need counseling support. Money problems can accompany other issues and also may get in the way of seeking help.

The good news is that issues around money are like any we will get to address: cleaning up old messes and moving forward to the life you know is possible. I want to make counseling accessible to people. I offer discounts and flexible fees based on each client's needs. We can discuss this at your free initial consultation.

Cancellation of Appointments

Please understand that when you make an appointment, I am reserving that time for you. If you are late, there may or may not be a possibility of extending your session to give you your full time. If you miss an appointment, that is time that could have been spent with another client, therefore it is necessary for me to charge for missed appointments. There will be no charge if notice is given 24 hours before the session, or if you are ill or have an emergency.

You can contact Stefan Schlesinger, MA at:

For phone sessions: (206) 255-3426

For general information: 1-800-303-9693 or in Seattle (206) 526-0444

E-mail: [Email me here](#)

Payment

Payment is expected at the time of service. You may pay by check, cash, or credit card

(NOTE: you need NOT have set-up an account to pay with Pay Pal).